



AUTHORIZATION FOR USE OR DISCLOSURE OF  
PROTECTED HEALTH INFORMATION

1. Client's name: \_\_\_\_\_  
(Last, First, Middle Names)

2. Date of Birth: \_\_\_/\_\_\_/\_\_\_

3. Date authorization initiated: \_\_\_/\_\_\_/\_\_\_

4. Authorization initiated by: \_\_\_\_\_  
Name (client, provider, or other)

5. Information to be released:

Authorization for Psychotherapy Notes ONLY (Important: If this authorization is for Psychotherapy Notes, you must not use it as an authorization for any other type of protected health information.)

Other (describe information in detail):

6. Purpose of Disclosure: The reason I am authorizing release is:

My request

Other (describe):

7. Person(s) Authorized to Make the Disclosure: \_\_\_\_\_

8. Person(s) Authorized to Receive the Disclosure: \_\_\_\_\_

9. This Authorization will expire on \_\_\_/\_\_\_/\_\_\_ or upon the happening of the following event:

**Authorization and Signature:** I authorize the release of my confidential protected health information, as described in my directions above. I understand that this authorization is voluntary, that the information to be disclosed is protected by law, and the use/disclosure is to be made to conform to my directions. The information that is used and/or disclosed pursuant to this authorization may be re-disclosed by the recipient unless the recipient is covered by state laws that limit the use and/or disclosure of my confidential protected health information.

**Signature of the Patient:** \_\_\_\_\_

**Signature of Personal Representative:** \_\_\_\_\_

**Relationship to Patient if Personal Representative:** \_\_\_\_\_

**Date of signature:** \_\_\_\_\_